

# Load It Up

## Competition Step Sheet

### DIVISION: Partners



Description: 32 Counts, Partner Dance, Country  
Choreographer: Paul Culshaw & David Ian Blakeley  
Music: East Bound & Down by Midland (Single)  
Count-in: 24 Count Intro  
Note: Begin in Sweetheart position.

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- 1-8                    Rock Recover, Shuffle Back, Coaster Step, Ball Step, Touch**  
1,2                    Rock RF forward (1) Recover weight onto LF (2)  
3&4                    Shuffle back – R L R (3&4)  
5&6                    Step LF back (5) Step RF next to LF(&) Step LF forward (6)  
&7,8                    Step ball of RF next to LF (&) Step LF forward (7) Touch R toe next to LF (8)
- 9-16                   Dorothy Step x2, Walk x4 With ½ Turn**  
1,2&                   Step RF to R diagonal (1) Cross LF behind RF (2) Small Step RF to R side (&)  
3,4&                   Step LF to L diagonal (3) Cross RF behind LF (4) Small Step LF to L side (&)  
5,6                    Step RF forward (5) Step LF to L side making ¼ turn R (6)  
7,8                    Step RF back making ¼ turn R (7) Step LF back (8)  
(Count 5: Start to lift L hands on the walks and turn under, to end up in a Cross Hold by count 8)
- 17-24                   Rock Recover, Shuffle ½ Turn, Rock Recover, Shuffle Fwd**  
1,2                    Rock RF back (1) Recover weight onto LF (2)  
3&4                    Make ½ turn shuffle over L shoulder – R L R (3&4)  
5,6                    Rock LF back (5) Recover weight onto RF (6)  
7&8                    Shuffle forward – L R L (7&8)  
(Count 2: Start to lift L hands and turn under on the ½ shuffle, return to Sweetheart on count 4)
- 25-32                   Walk Fwd x2, Shuffle Fwd, Walk Fwd x2, Shuffle Fwd**  
1,2                    Walk forward – R L (1,2)  
3&4                    Shuffle forward – R L R (3&4)  
5,6                    Walk forward – L R (5,6)  
7&8                    Shuffle forward – L R L (7&8)

Begin Again ☺